## **New Patient Health History Form**

In order to provide you the best possible care, please complete this form and bring it to your first appointment. All information is strictly CONFIDENTIAL.

Medical History								
Have you been treated for any conditions in the last year? O No O Yes								
If yes, please describe								
Date of last physical exam Is there a chance that you are pregnant? O No O Yes								
Have you had X-rays taken? O No O Yes If Yes, where?								
What medications are you taking and for what conditions (Please list dosage and amounts, etc)								
Third in the discinstration of the discinstr								
What vitamins, minerals, or herbs do you currently take? (Please list for what conditions, dosage, and frequency).								
Have you ever:	No Yes	Rriefly	Explain					
Broken bones?		bilety Explain						
Been hospitalized?	000000							
Been in an auto accident?	XX							
Had Sprains/Strains?								
Been struck unconscious?	ŏŏ							
Had surgery?								
Family History								
Family Members - Present and past health conditions (Example: heart disease, cancer, diabetes, arthritis, etc.)								
Do you experience pain every day?  O No O Yes								
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Does pain wake you up at night?								
Are your symptoms worse during certain times of the day?								
Do changes in weather affect your symptoms?								
Do you wear orthotics?  O No O Yes								
Do you take vitamin supplements?  What activities aggravate your symptoms?								
Titlat delitilies aggiatate your symptoms?								
Habits			None	Light	Moderat	ate Heavy		
Alcohol				Ô			0	
Coffee				l ŏ				
Tobacco			l Q	Q	l Q	Ŏ		
Drugs Exercise			1 8	8	1 8	2		
Sleep			ΙÖ	X	l K	$\beta \mid \beta$		
Appetite			ΙØ	l Ø	ğΙğ		Ø	
Soft Drinks			1 2		2   2			
Water Salty Foods			1 X	$\mid \; \; \; \; \; \; \; \; \; \; \; \; \; \; \; \; \; \; \;$	$\mid \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \$		$\mid \hspace{0.1cm} \hspace{0.1cm}$	
Sugary Foods				Ŏ				
Artificial Sweeteners			<u> </u>	<u> </u>	O		$\cup$	

Have you ever suffered from:	
Have you ever suffered from:	Please use the following letters to indicate TYPE and
Alcoholism	LOCATION of the symptoms you currently are experiencing.
Allergies	LOCATION of the symptoms you contently die expellencing.
Anemia	A Azlas Azlas
Arteriosclerosis	<b>A</b> =Ache <b>O</b> =Other
Arthritis	<b>B</b> =Burning <b>P</b> =Pins & Needles
■ Asthma	<b>N</b> =Numbness <b>S</b> =Stabbing
Back Pain	
Breast Lump	
Bronchitis	
Bruise Easily	
Cancer	
Chest Pain/Conditions	
Cold Extremities	
Constipation	
Cramps	
Depression	
Diabetes	
Digestion Problems	
Dizziness	
Ears Ring	
Excessive Menstruation	
Eye Pain or Difficulties	
Fatigue	
Frequent Urination	
Headache	
Hemorrhoids	
High Blood Pressure	
Hot Flashes	
☐rregular Heart Beat	
☐rregular Cycle	
Kidney Infection	
Kidney Stones	
Loss of memory	
Loss of balance	
Loss of smell	
Loss of taste	
Lumps In Breast	
Neck Pain or Stiffness	
Nervousness	
Nosebleeds	
Pacemaker	
Polio	
Poor Posture	
Prostate Trouble	90.9A 3.9 D
Shortness of breath	
Sinus Infection	
Sleep problems or Insomnia	
Spinal Curvatures	
□Stroke	
Swelling of ankles	
Swollen Joints	
☐Thyroid Condition	
Tuberculosis	
Varicose Veins	
Venereal Disease	
Other:	